

# NEVADA STORM

## I. Objective

- A. Coach - Inspire athletes to become better athletes
- B. Train - Teach athlete to perform at their greatest ability.
- C. Mentor - Lead by example

## II. Philosophy

- A. Discipline - to become discipline, to get everything out of life by hard work and sacrifice.
- B. Structure - Maintain order to gain success through-out life
- C. Focus - Guide athlete thru a season of hard work of trial and triumph.

## III. Sportsmanship

- A. Teamwork - Coming together as a team.
- B. Winning/Losing - Moving forward with class and dignity.
- C. Hard work - Understanding dedication of work hard and achieving a specific goal.

## IV. Coaches

- A. Motivator - To encourage athletes.
- B. Leader - To lead the athlete into a positive role as a competitor.
- C. Chaperon - Supervise athlete when needed.

## V. Parent Involvement

- A. Fun raiser - Helping raise money for the team and your athlete.
- B. Supporter - Encourage your child to be a winner by attitude.
- C. Chaperon - Being responsible for a group of athlete on road trips.



# Nevada Storm Track Club

The Nevada Storm is a local Track and Field club that competes locally and out of state. We are a 501(c)(3) nonprofit organization geared to foster the common goal of providing skills, knowledge, and discipline necessary to build athletes, ages 6 to 18 years of age, who are competitive on the field, as well as building responsible young adults. Andrew Brass, who is a Juvenile Probation Officer with the Clark County, Department of Juvenile Justice Services) founded the club in 2011. We are in Region 15 which consists of Las Vegas, San Diego and Los Angeles, California. In addition to competing in local & out of state meets, athletes with qualifying place at Regional's will have the opportunity to compete at USTAF Junior Olympics. This is a large meet where qualifying athletes travel to a designated state to compete on a national level against other qualifiers from our region, as well as other regions. The Nevada Storm have taken athletes to the Junior Olympics since 2011.

Nevada Storm's coaching staffs are volunteers who have competed at least at the High school level of competition and some have gone as far as Olympic trials. Others have gone through numerous specialized trainings. Our coaches are motivated by young athletes striving to be winners in life and on the track. Athletes are reminded daily about the importance of education and how without education they limit themselves and their opportunities. All student athletes are required to provide the coaching staff a progress report from the school. Parents should expect the coaching staff to be honest and patient with the athletes.

All athletes are important and will be treated with respect & dignity. Athletes are expected to demonstrate the same courtesy to coaches, as well as chaperones. Any athlete who becomes disrespectful toward another athlete, coach, or chaperones will be counseled and reminded of the team standards and the expectations. Coaches will provide emotional support by actively listening to athletes ideas and allowing expression of concerns; however, coaches will **not** tolerate an athlete who tries to undermine the coaching strategies.

We are proud of our accomplishments and will strive to create a safe and fun environment for your athlete. We believe in what we stand for and will represent that on and off the track.

**MISSION STATEMENT:** Providing direction for youth of the Las Vegas community through leadership and athletics.

**VISION STATEMENT:** Giving opportunities to our youth by creating a path for success in track & field; through commitment, motivation and leadership.



## 1 Philosophy, Sportsmanship, Coaches

**Training-** correct, mold or perfect a desirable action (behavior). We will instill discipline on a daily basis to strengthen the athlete confidence in him/her. Some will need more than others. Therefore, we will provide the structure to do so. This is not to chastise your athlete but to mold him/her to become a more coachable athlete. All parents are expected to help with this process by encouraging their athlete to be mindful of the coaches' requests. We ask **parents to not coach outside of practice** but to encourage their athlete to follow the instructions given by the coaches. Any parent or athlete concerns should be addressed out of the presence of your athlete or other athletes. We can all agree to not always agree on issues but we should always be respectful of one another. Disrespect cannot be an acceptable means by anyone involved with the program.

**The structure** will be specific and detailed for everyone to adhere to in order to become a successful athlete. There will be times of regrouping and regaining our composure to meet the goal of the team. It is important to understand that regrouping is a normal process in order to keep structure throughout the season. With this in mind, things may not go perfect and there may be small barriers that we as a team may need to overcome.

**Staying focused** through the season will be the goal of every coach which will be communicated to all athletes. Coaches are expected to redirect athletes after any disappointments that they may encounter during practices, as well as during track meet. It is also the coaches' responsibility to motivate to avoid complacency in athletes.

**Sportsmanship** is one of the most admired attributes that an athlete can possess. Winning and competing at your best will show the quality of an athlete. One only becomes a failure if he/she fails to give their best effort. Effort is measured by the output of the athlete when practicing and competing. Hard work by the athlete will allow him/her to see that their goals can be met. Coaches will push the athletes to a point of weariness. This will allow the athlete to understand that practices are going to be challenging. Competing will be fun and exciting while achieving their desired goals. Each athlete will have small, medium and large goals. These goals should be talked over with a designated coach and/or parent. Our objective is that every athlete accomplishes their goal(s) by the end of the season. Sportsmanship will also be a part of teamwork. Every athlete is expected to be a team player by encouraging one another during practices and at meets. Teammates who encourage one another tell a lot about the team's character and its athletes.

## 2 Parent Involvement

**Parent involvement** is crucial for the concept of building better people and athlete to achieve the success of their future. We are hopeful that parents will be able to help in the capacity of fundraisers, supportors, and chaperons.

We as coaches understand that you want the best for your athlete and so do we. It is extremely important that each of us is on the same sheet of music when it comes to your athlete. As a parent if you decide to do extra training or conditioning with your athlete



outside of practice, it may interfere with the overall plan of a desirable performance of your athlete. Although you may not agree with everything you see on the track, your athlete will improve on a gradual basis throughout the season. It is our goal that every athlete demonstrates improvement in most of their specialized events. So, we ask that you stay supportive to the program and to the athletes by allowing the **coaches to coach**.

**Chaperons** are some of the most important people involved in our program. Being a chaperon should not be looked upon as an inexpensive way to travel but an important means to help the athletes and coaching staff. Chaperons are responsible adults who are willing to commit to being responsible for a group of athletes during an out of state track meet. A Chaperon should be willing to help keep the athletes orderly and mindful. Although we all would like to hang out when traveling, it is not what is expected of chaperons or coaches who are supervising athletes. You have been entrusted with the responsibility to oversee a group of athlete and should do so. A chaperon must be dependable throughout the weekend meet. We ask that you not take the responsibility lightly. It is an honor to be chosen as a chaperon. Remember that every parent is not like you but may be more or less likely to leave their child with someone who they really may not know. It is our hope and desire that only committed parents will volunteer for this duty. All Chaperons must have a criminal background check to participate within the program. The background checks will be conducted by an outside source hired by the USATF/Nevada Association. This is to promote a safe and nurturing environment for our athletes.

Thank you for your interest in the Nevada Storm program. I look forward to having a successful and winning season with all of you and your athletes. If you have any questions please feel free to contact me at 325-6846 or any of our dedicated coaches. Success for the future of our youth truly depends on our actions as adults. So, remember to respond appropriately.

Best Wishes

Coach J.R

Head Coach

